

## Typing practice (MS Word)

### **Type the following text to a Word document:**

Finding and playing free download games and free online games like Tetris is a very easy process as there are many websites that enable you to play Tetris and other games free on the internet. As well as being a fun experience, these games can give your brain a very good exercise, especially in the case of problem solving games such as Tetris. Although relatively simple to play the general complexity and structure of many of these types of games enables gamers to gain and enhance skills that will in fact be helpful within their work and academic lives. Skills such as problem solving and interpreting patterns can easily be evolved within a person's brain by playing these types of free online games.

With all the differences that we as people possess there is one thing that we undoubtedly have in common. We all love to play a good game, this goes for adults as well as children. Playing games on the internet can be an extremely enjoyable and relaxing experience and offers an alternative way to forget about the stresses of daily life, at least for an hour or two. With the sheer diversity and availability of online games, it is easy to understand why they have become an extremely popular form of entertainment for both older and younger people. Free online problem solving games like the popular classic Tetris is a great example of this. It is simple enough for anyone to play but offers enough complexity and difficulty as the levels increase to keep even the most talented of gamers challenged.

It is very important to keep our brains active. It is just like any other muscle in our body, it needs regular exercise in order to keep it running at its prime. Online games can help to keep your brain active and can help with improving concentration levels and memory. Games like Tetris are especially effective at increasing our brains spatial reasoning skills.

These are all important factors but more importantly is the fact that playing free online games can help you to relax and take your focus away from the tensions and anxieties of everyday life. The act of simply moving your attention to something that is both fun and engaging can have huge benefits for a person's stress levels.

Considering the fact that there are a huge number of free online games available simply finding one that suits your interests is not difficult. There are many websites with a large number of games that you could choose. These can be in the form of puzzle games, word games, sports games, arcade games and many other variations. There is indeed something on the internet to suit anyone. Such classics as Tetris are very popular and are just the type of game that is capable of giving your brain all the exercise it will need. The structure of the game itself is very simple but also extremely well suited to help improve many brain skills such as problem solving and spatial reasoning.

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Mike Patton writes about free online games. Mike also covers the download games industry.

**Recommended software to practice:**

- RapidTyping: <https://rapidtyping-portable.en.softonic.com/?ex=CORE-139.6>

**Course**

Basic Informatics,  
BME, Faculty of Civil Engineering

**Class manager**

Ervin WIRTH Dr.  
<https://epito.bme.hu/wirth-ervin>  
wirth.ervin@epito.bme.hu